



Rally & Press Conference, 9:00am-9:15am

North Capitol Steps

What Color Were You, Red or Blue?

Judy Mikacich, MD CA Maternal Mental Health Collaborative President and (ACOG) Representative

Senator Kevin De Leon, Accepting Award for Legislator of the Year

Doug Nemecek, MD Cigna Behavioral Health Chief Medical Officer (Event Sponsor)

Moira Kenney, First 5 Association

Rebecca Blanton, Commission on the Status of Women and Children

Expert Panel, 9:45am-12:30pm

Capitol Assembly Room 4202

Welcome 9:45am-10:00am

California Maternal Mental Health Collaborative Founder & Director, Joy Burkhard, MBA.

Welcome Remarks from the Legislature 10:00am-10:10am

Legislative Women's Caucus Chair Assemblymember Bonnie Lowenthal

Setting the Stage, Overview on Maternal Depression 10:10-10:30am

Wendy Davis, PhD Executive Director of Postpartum Support International

A Personal Story 10:35-10:40am

Jessica Cruz, Executive Director, National Alliance for Mental Illness (NAMI) California

Panel Introduction 10:40-10:45am

Diana Barnes, Psy.D LMFT; Private Practice, Author, Member of the L.A. County Perinatal Mental Health Task Force and former PSI President

Emerging Considerations in Maternal Mental Health, Panel Discussion

10:45am-12:30pm

Topic 1, Alternative Treatments: Brain Stimulation

In addition to drug therapy, brain stimulation services are FDA approved. In CA ECT requires multiple consenting physicians and agreement that the patient is able to consent.

- Kira Stein, MD; Reproductive Psychiatry and Transcranial Magnetic Stimulation (TMS)
- Julie Hersh, Author "Struck by Living," who received Electro Convulsive Therapy (ECT)

Topic 2, Supporting Fathers

Providing Support for expecting and new fathers, Depression in new fathers, and more.

- Bruce Linton, MFT, PhD Founder of the Father’s Forum
- Will Courtenay, PhD Fatherhood Transitions and Depression in new Fathers
- Raul Martinez, Esq Father and husband of late Kelly Abraham Martinez

Topic 3, Psychosis, Infanticide/Infant Harm and the Law

Psychosis affects less than 1% of new moms, but can be extremely dangerous to her and her baby, with infanticide rates of up to 4%.

- Lisa Strongin, Esq, Attorney practicing in Central California
- Melissa Nau, MD Director of Psychiatry Emergency Services San Francisco General Hospital, Asst. Clinical Professor, UCSF
- Hooman Kazemi, L.A. County Public Defender’s Office

Networking Luncheon, 12:45pm-2:30pm

Marriott Residence Inn

Host: Bindu Garapaty, PsyD and CMMHC Board Member

Keynote: Deepika Goyal, PhD, RN, FNP-C; Associate Professor at San Jose State University

Unveiling of the 2020 Mom Project: Joy Burkhard, MBA CMMHC Founder and Director

CAMaternaMentalHealth.org

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